

SCHOOLS



TRANSLATE



SEARCH



Students



Families



Staff



Community

[Home](#)[About](#)[Academics](#)[Services](#)[Programs](#)[Careers](#)

Social Emotional Health and Wellness

[Home](#) » [Divisions & District Directory](#) » [Division of School Leadership & Support](#) » [School Performance](#) » [Young Parent Support Program](#) » [Resources](#) » Social Emotional Health and Wellness

Resources

[APS Resources](#)[Educational Resources](#)[Health](#)[For the Whole Family](#)[Social Emotional Health and Wellness](#)[Parenting Support](#)

Taking care of yourself is
taking care of your
children

**IF YOU ARE
EXPERIENCING
A MEDICAL
OR MENTAL
HEALTH
EMERGENCY
PLEASE CALL
911**







**Aurora Mental Health
Center Services for APS
Students and Families**

APS students have
access to free mental
health support through

Aurora Mental Health Center (AuMHC).



Therapists at AuMHC can work with you on managing emotions, grieving a loss, dealing with anger, and excessive worry or sadness.

AuMHC also offers in-home therapy for parents and families with young children through their [Early Childhood and Family In-Home Therapy](#).

Learn more about AuMHC and the services they provide by:

- Calling 303-617-2300
- Completing this [APS Mental Health Support Request Form](#) (information you provide in this form will not be shared with anyone in your school or caregivers without your consent)
- Talking with your school counselor,

social worker, or
psychologist



Free Therapy Available for Colorado Youth

Complete a confidential
online survey at
IMatterColorado.org
about your mental
health and schedule
sessions with a licensed
behavioral health
clinician.

A Spanish language
version of the program
is available at
YoImportoColorado.org,
where you can find
clinicians who can
provide sessions in
Spanish.





Additional Local Mental Health Centers



[Colorado
Crisis
Services](#)

24/7
Crisis
Services
Hotline
and
walk-in
clinics

Phone:
1-844-
493-
TALK
(8255)

Text
TALK to
38255

Visit one
of their
[walk-in
clinics](#)

School Based Health Centers (SBHC)

Mental health services are available for APS students in APS School Based Health Centers

Locations:

Crawford Kids Clinic - Crawford Elementary School

1600 Florence Street Aurora, Colorado 80010

Phone: 303-326-2090

Kids Clinic at Laredo - Laredo Child Development Center (CDC)

1420 Laredo Street Aurora, Colorado 80011

Phone: 303.326.1953





[Trojan
Wellness
Center -
Aurora
Central High
School](#)

[11700 E 11th
Ave Aurora,
CO 80010](#)

Phone: 303-
326-1570

[Olympian
Wellness
Center -
Gateway High
School](#)

[1300 S Sable
Blvd Aurora,
CO 80012](#)

Phone: 303-
326-2088



Contact Us

Aurora Public Schools

📍 [15701 E. 1st Ave., Aurora, CO 80011](#)

Phone: [303-344-8060](#)

Follow Us

@aurorak12

[Legal Disclaimer](#)

[Financial Transparency](#)

[Notice of Nondiscrimination](#)



[Student Data Privacy and Security](#)

[Website Accessibility](#)

[Site Map](#)

[Login](#)



Website by [SchoolMessenger Presence](#). © 2026 SchoolMessenger Corporation. All rights reserved.